



The Family run store since 1980

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## Waterways Licence

All River & Canal users should have a 'Waterways Licence' to use the waterway, regardless of which club they are members of. It's like a vehicle road fund licence which is required to drive on the roads. The easiest way to obtain your Licence is to join **British Canoeing**. Your **British Canoeing Membership** will cover you for 5,000km of UK waterways, as well as **Public Liability Insurance**.

You can join at:- [www.britishcanoeing.org.uk/membership](http://www.britishcanoeing.org.uk/membership)

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## iSUP Board Care Advice

- iSUPs are great to paddle, great for transporting, great for storage and require very little maintenance.
- However, you do need to observe some basic methodology and practices when inflating your board to ensure your board has a long life.
- The majority of 2021 boards that we supply have a pressure rating of 15 to 26 psi. This should not be taken as the pressure required for paddling.
- As a rule of thumb, the Normal Operation Pressure for most boards is just 15 psi. Most boards will paddle very well at just 15 psi.
- The Maximum Recommended Pressure (MRP) is just that. It is the maximum pressure that the boards have been tested to. This MRP should only be taken as a sign of how confident the manufacturer is of their construction methods.
- The 2021 Aqua Marina, STX and Gladiator Light boards:- the MRP is 15 - 20psi. With the Gladiator Pro and Elite the MRP is 26 psi. These maximum recommended pressures should not be mistaken as the pressure required for paddling. Apart from anything else, trying to pump your board to these pressures with a hand pump will be extremely hard work!

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## Pressure Gauge:

- You may think the pressure gauge isn't working when you pump your board for the first time, (this relates across all brands).
- We made a short video to explain what is happening 99% of the time.
- Have a look at our "Knowledge Zone" page, there is a video which should help.
- [https://www.windsurfer.co.uk/SUP\\_TheKnowledgeZone.htm#Pressure\\_Gauge\\_not\\_working](https://www.windsurfer.co.uk/SUP_TheKnowledgeZone.htm#Pressure_Gauge_not_working)
- Feel free to call us if you need further clarification.

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## Hot Days

Particular care should be taken when using your board on hot/sunny days.

### Risks:-

If you leave your board on land in the sun or in the shade on a hot day for more than say 10 minutes, the pressure could easily increase by 2/3rds, so a board pumped to 15 psi could become 25 psi and a 20 psi could become 33 psi.

### Possible problems with iSUPs that have too much pressure in them:-

- a) Seam Leak**  
Seams may leak or burst. When a seam leaks or bursts, it acts like a pressure release valve and usually leaks only in one place, thereby saving all the other seams. However, the other seam areas may well have also been weakened during this process.
- b) Seam leaks like this are not covered by any warranty but are usually entirely fixable and usually invisible.**
- c) Drop Stitch Rupture**  
If the pressure builds and the seams hold, there is a good chance that the drop stitch will rupture and this is not covered by warranty and is not repairable!