

20 Key things to know about the rules for SUPolo World Series

1. A SUPolo team is made up of 4 players each side.
2. The SUPolo match will last 10 minutes in total.
3. There will be no extra time.
4. Teams will change ends at half time.
5. Players must be "on their feet" on their own board or in the air to play the ball.
6. Ball to be played with paddle or head only.
7. No standing or falling on an opponent's board.
8. No ramming from the side or the rear 50% of the board.
9. A player cannot be challenged if they have the ball off the water and in their paddle.
10. No "off the ball" tackling.
11. A goal is scored only if the ball crosses the goal line.
12. The clock will stop after a goal has been scored or the ref calls a halt in play and will restart on the Ref's restart whistle.
13. At half time a bell will sound, the match will stop the next time the ball goes out of play.
14. The match stops and finishes only at the sound of a long blast from the referee's whistle
15. At full time a bell will sound, the match will end the next time the ball goes out of play.
16. If the ball goes out of play, a replacement ball will be thrown back into the Arena to continue play.
17. Subject to the Referees consent, players can be swapped at a break in play.
18. Foul play which denies an obvious goalscoring opportunity will also result in a penalty
19. Foul play will result in the referee awarding either: Ball Possession or Yellow Card
20. Two Yellow cards in the same game and that player is sent off for the remainder of the game.